



Summer Pilates

15th July - 23rd August 2013

Time	Monday	Tuesday	Wednesday	Thursday	Friday
10:00am	Reformer Intermediate		Mat		Mat
11:30am			Reformer Beginners		Reformer Intermediate
4:00pm					
4:45pm					
7:00pm	Mat	Mat	Mat	Mat	
8:00pm	Reformer Intermediate	Reformer Intermediate	Reformer Beginners	Reformer Beginners	
8:30pm					

Tel: 028 92611 211

Email: info@pilatestone.co.uk

121 Private sessions
also available